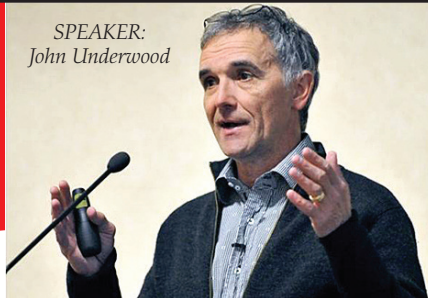


Life of a Student Athlete

SPEAKER:
John Underwood



Please join us for:

a night of eye-opening education on youth substance use, the developing brain and what we can do to keep them healthy!



**WEDNESDAY, MARCH 11th
6:00-7:30PM**

**@ WINDHAM HIGH SCHOOL AUDITORIUM
LIGHT REFRESHMENTS WILL BE SERVED**

FEATURING SPEAKER: John Underwood, Director/Founder of Life of an Athlete/Pure Performance-Human Performance Project

As a past Running Olympian himself, John holds three International Olympic Solidarity diplomas for coaching & has been a crusader for drug-free sports at all levels. John is an internationally recognized human performance expert, specializing in recovery, peaking training & lifestyle impact on mental & physical performance. John's innovative programs "Human Performance Project" & "Life of an Athlete", have gained international prominence. He has appeared as a guest commentator for ABC Wide World of Sports for Olympic Drug Scandals. He has also written model codes of conduct for athlete behaviors of concern.

**FOLLOWED BY A PANEL OF EXPERTS FOR TESTIMONIES
AND GROUP DISCUSSION**

RSVP TO: DIRECTOR@BETHEINFLUENCEWRW.ORG

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YOU BY:



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**Whether you are a
coach, parent, student
or community member
interested in health,
YOU WON'T WANT
TO MISS THIS!**